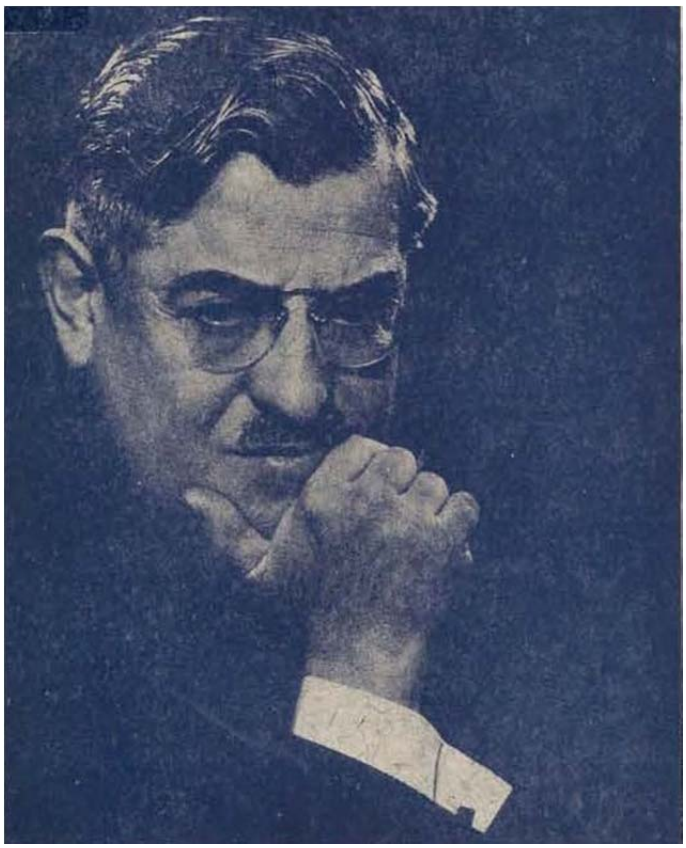
Advanced Studies for the Development of the Independence of the Fingers



By D.C. Dounis, Op. 33

Foreword

In my Op. 15 I have defined the independence of the fingers as *mental discipline* over the fingers.

Any exercise that is not construed with the above view in mind is absolutely worthless. Technical study should be conceived as "movement pictures" reflected in the brain before spontaneous transfer into reality by mental force. This, of course, does not apply only to the technique of the fingers but to all instrumental technique of both arms.

The primary aim of all my works is to provide the means for the highest development of the power of the mind to discipline the physical equipment of the instrumentalist. They are based on scientific principles after a careful analysis of the psycho-physiological processes necessary for the innervation of the mental, the nervous and the muscular factors.

The following studies are conceived along similar lines.

D. C. Dounis

Note

The first rule to observe in practising the following exercise is a full and continuous vibrato.

The tempo at first should be quite slow and as proficiency is gained it should become faster very gradually. But, above all, whether slow or fast tempo is used a full and continuous vibrato and absolute rhythmic accuracy are of paramount importance.

The sign + indicates the left hand pizzicato and the number below that sign shows the finger which should pluck the string.

For convenience of reading all exercises contained in this book are written on two staves.

Rhythm plays a most important part in the development of technique–lack of complete rhythmical command is at the root of most technical difficulties. For this purpose five variants for the exercises of Chapter I and four variants for the exercises of Chapter II are included in this book.

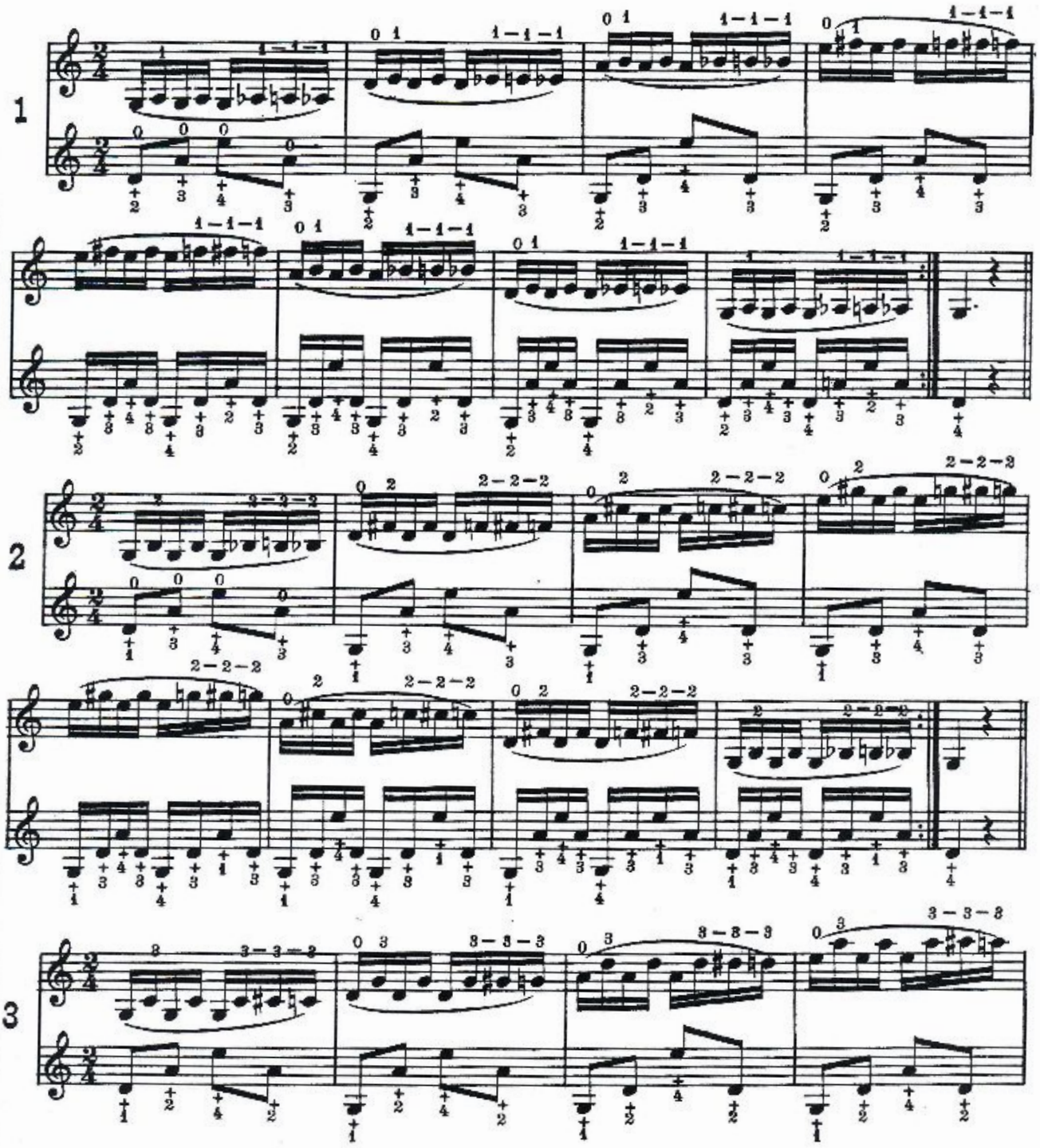
D. C. Dounis

Advanced Studies

For the development of the independence of the fingers in Violin playing on a scientific basis

D. C. DOUNIS, Op. 33

Chapter I



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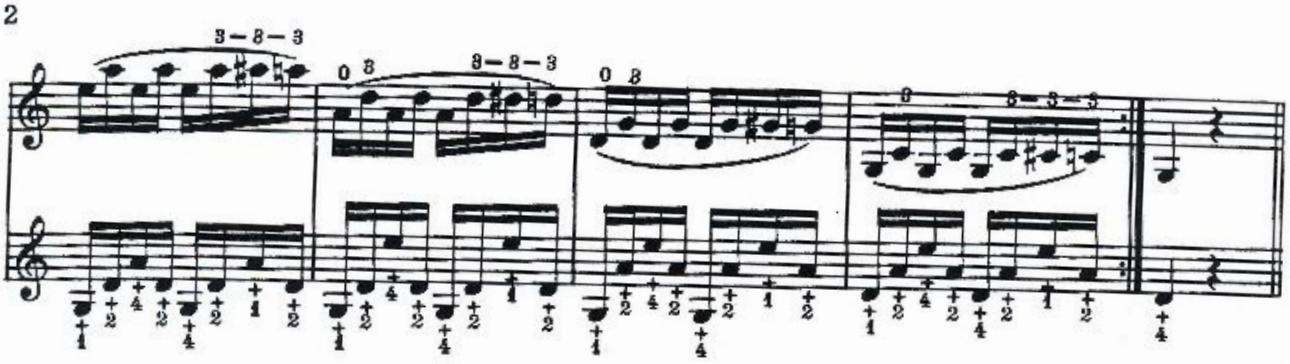

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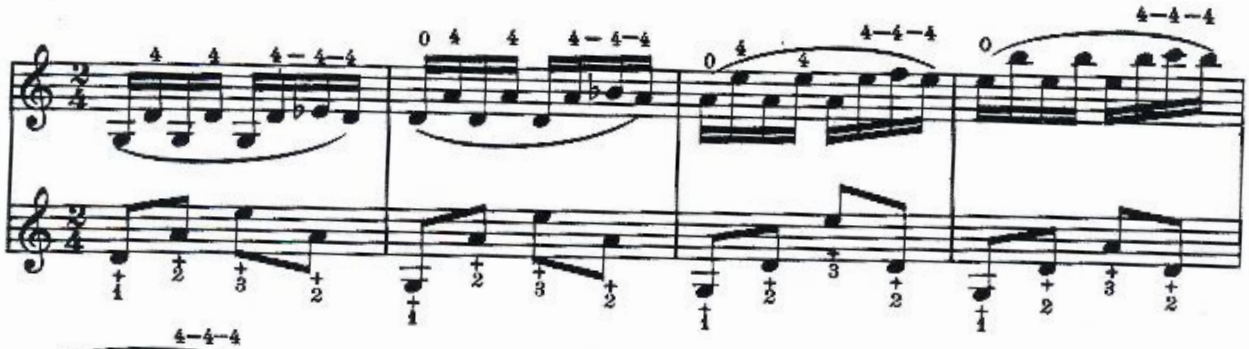

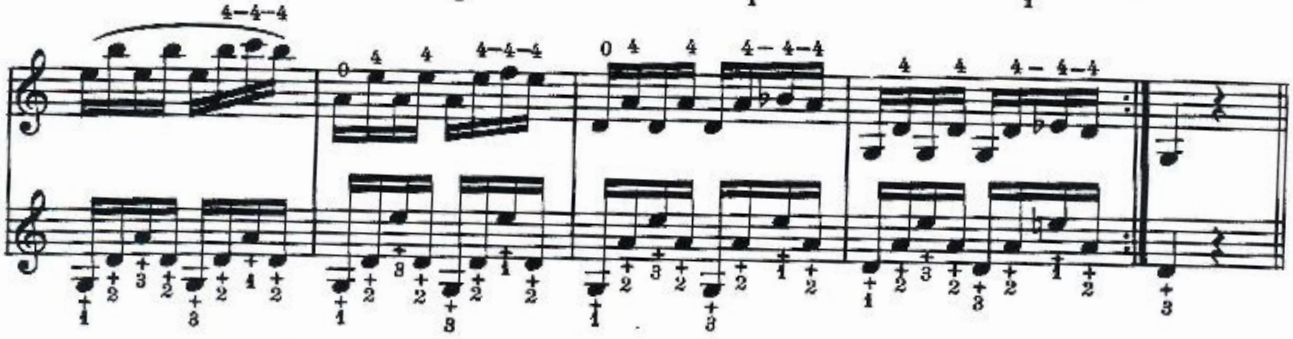

Chapter II

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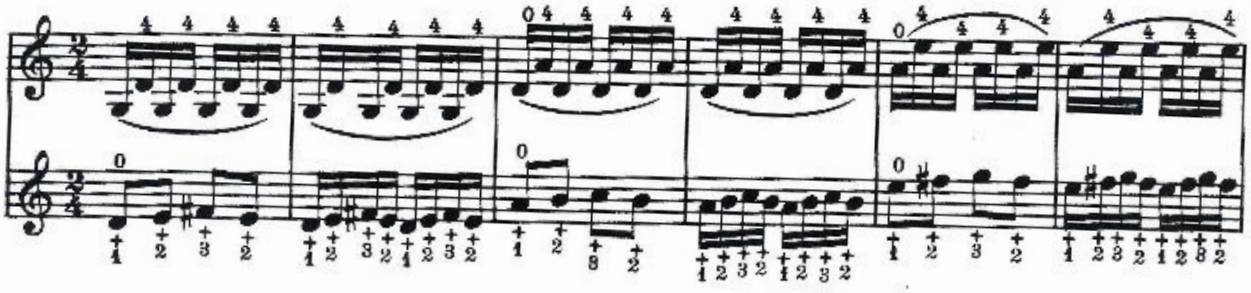

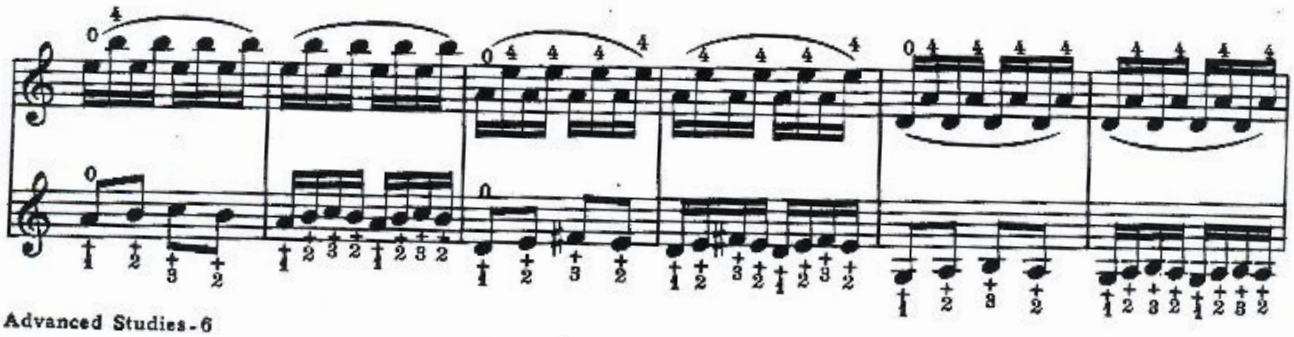

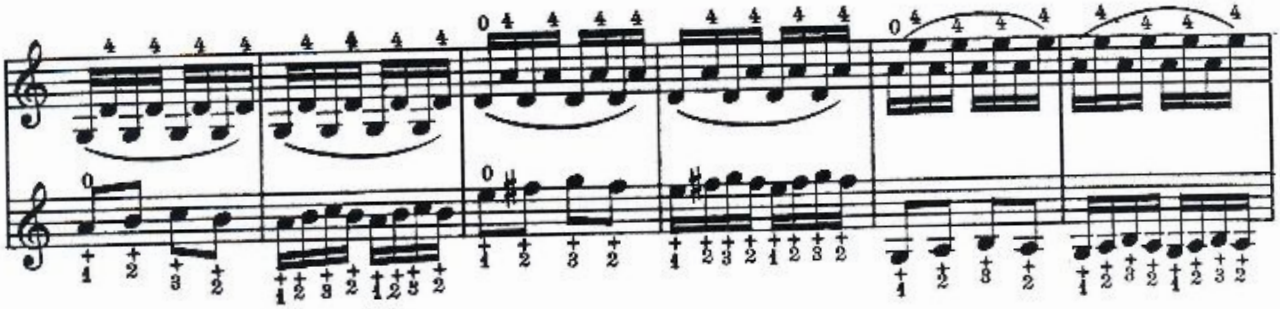

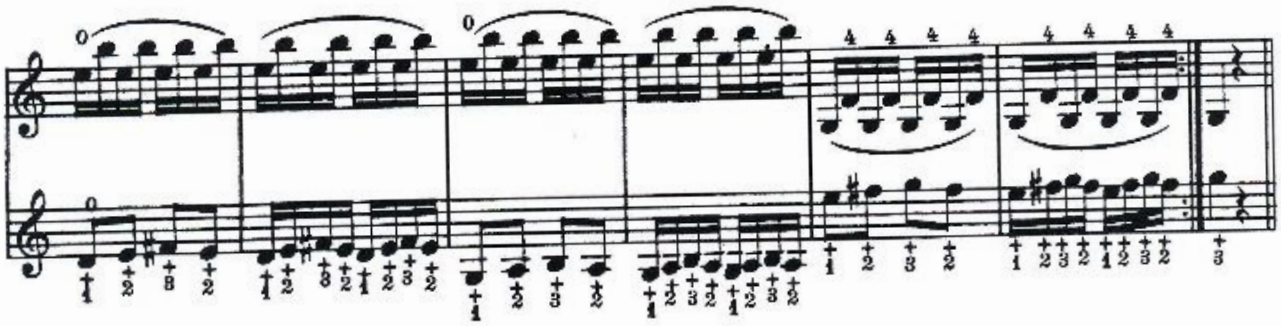

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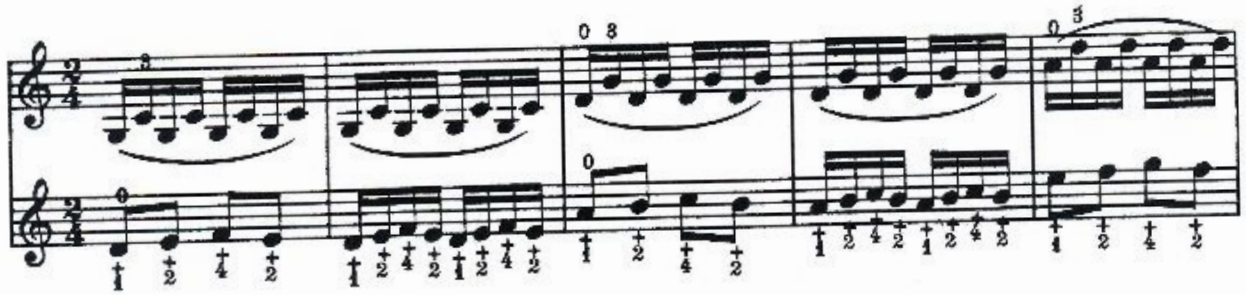

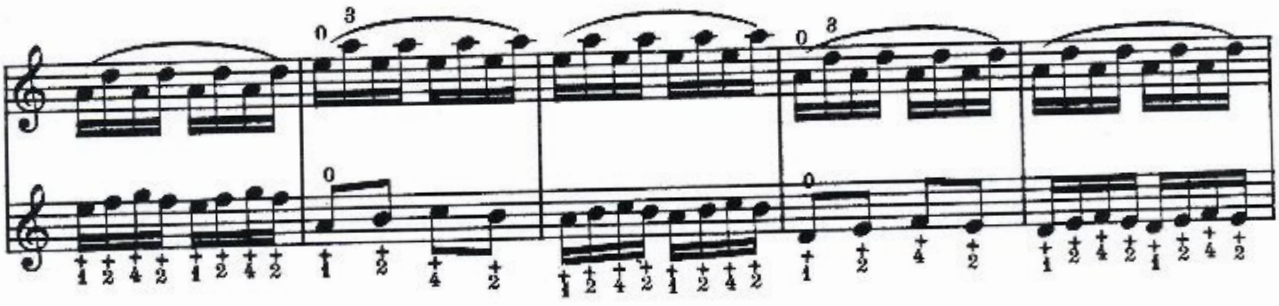

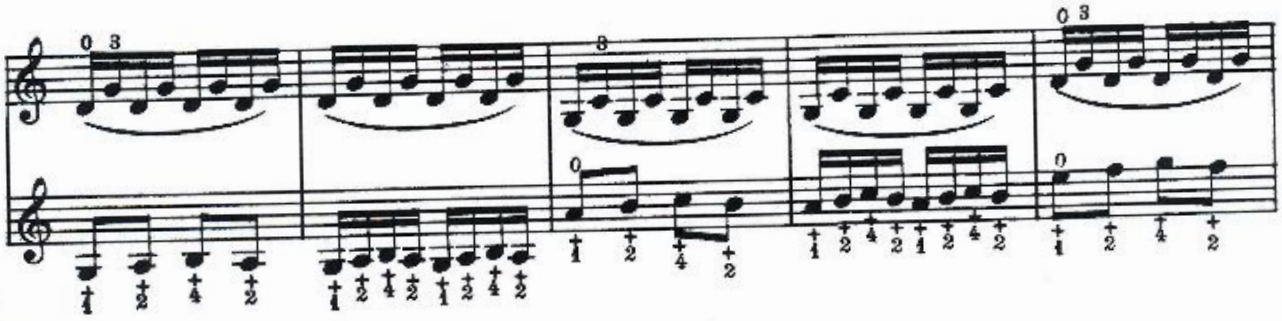

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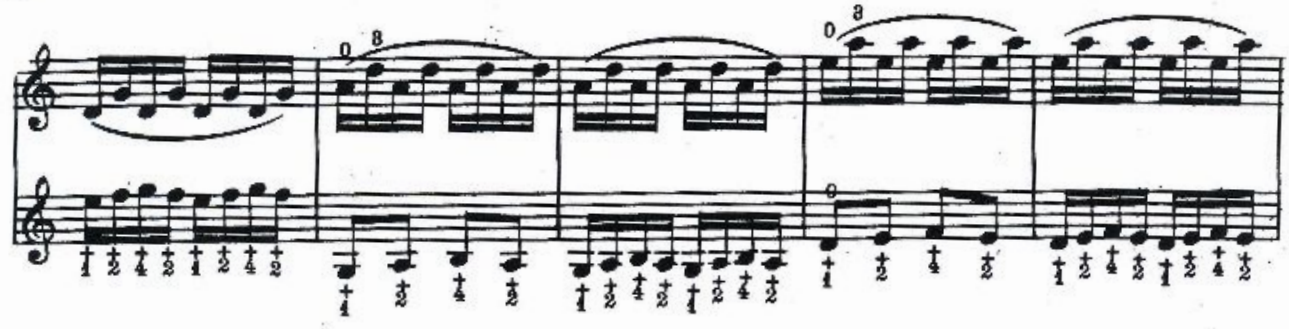

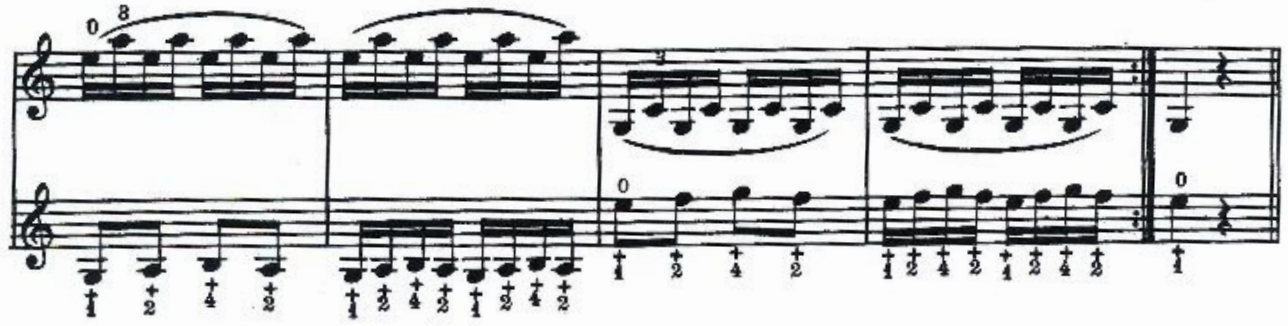

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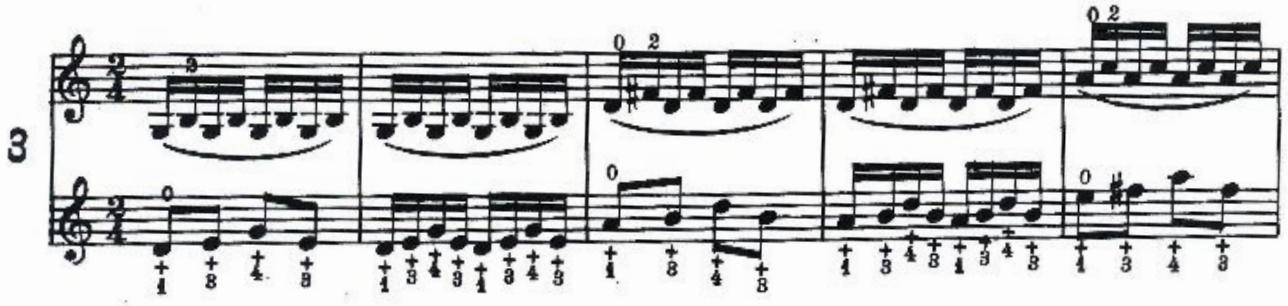
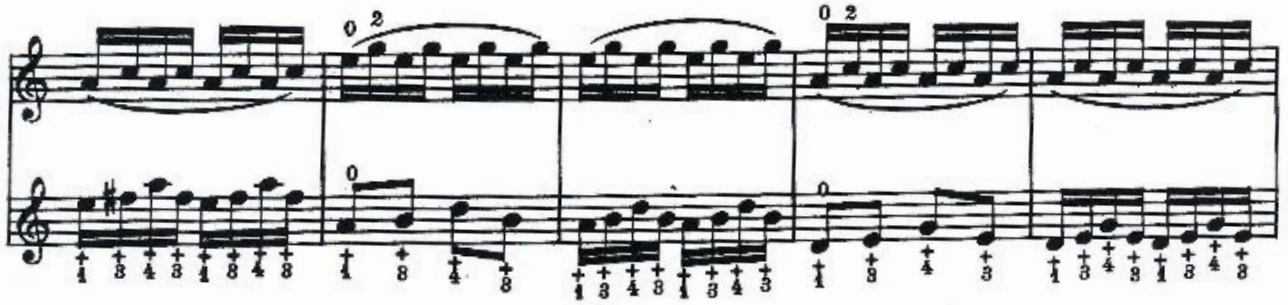
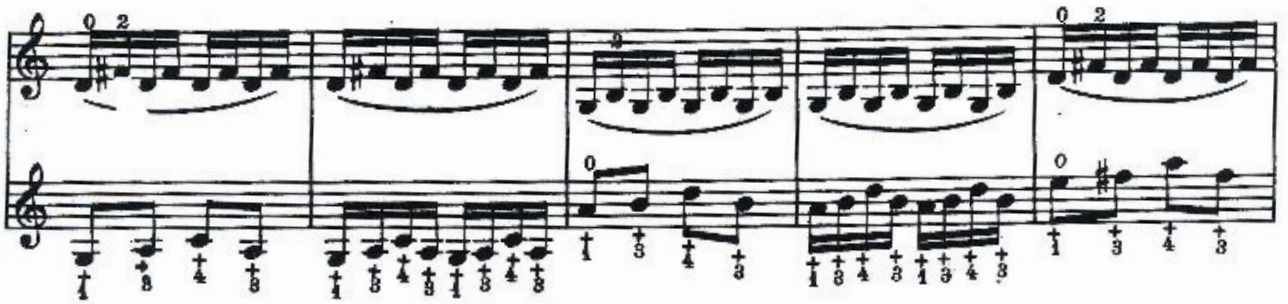
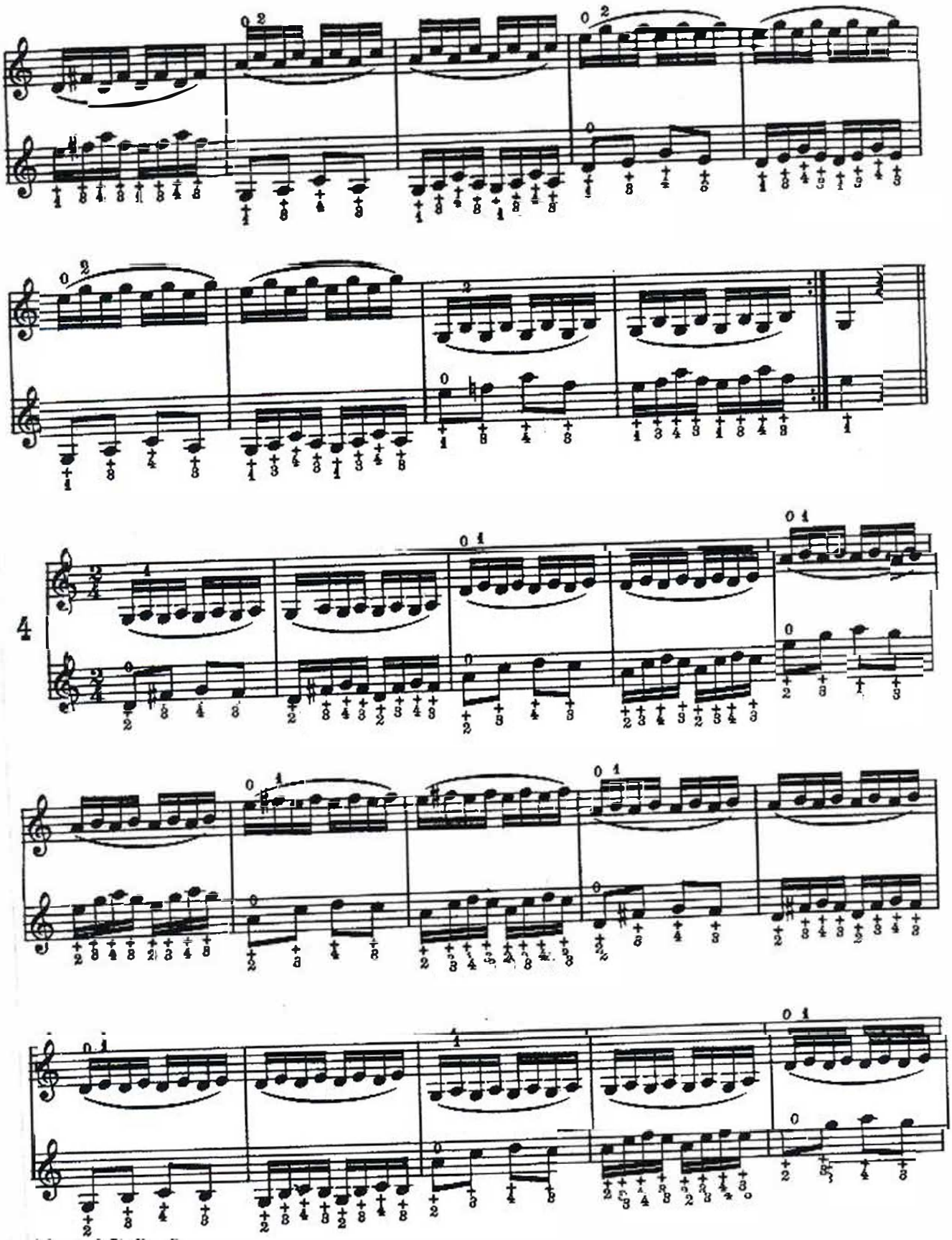
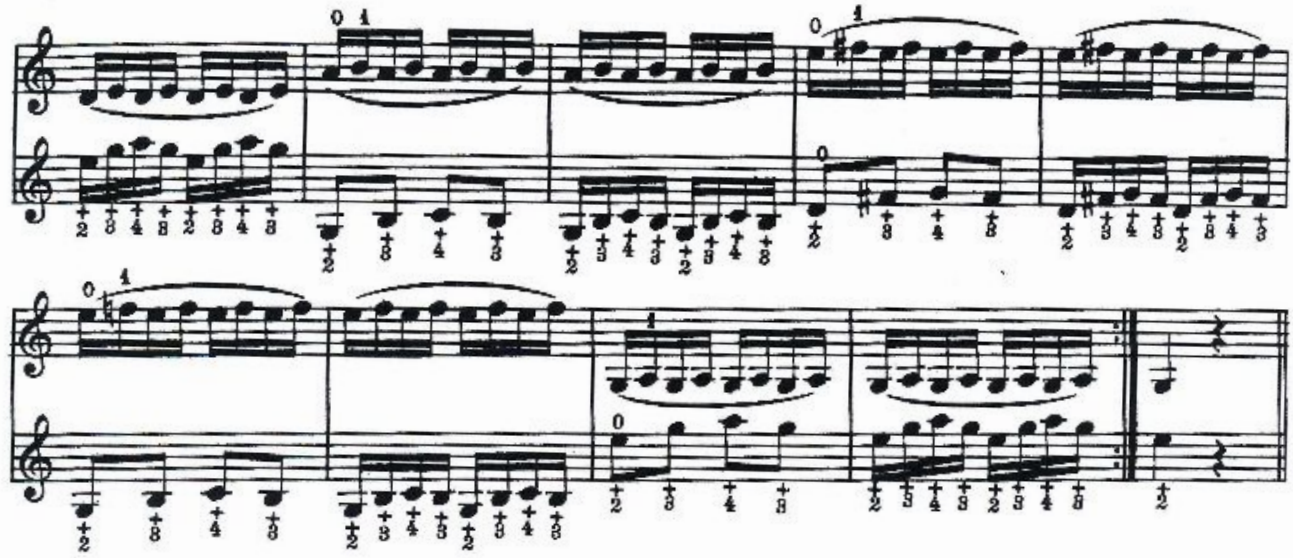




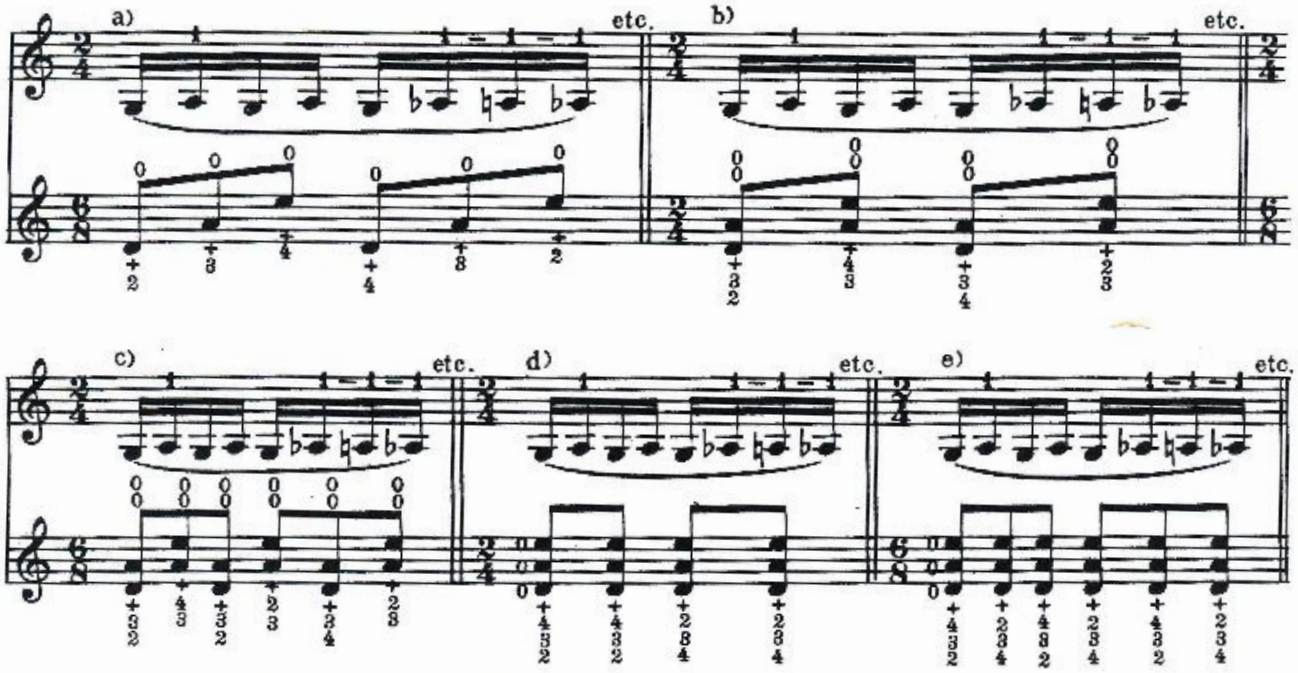
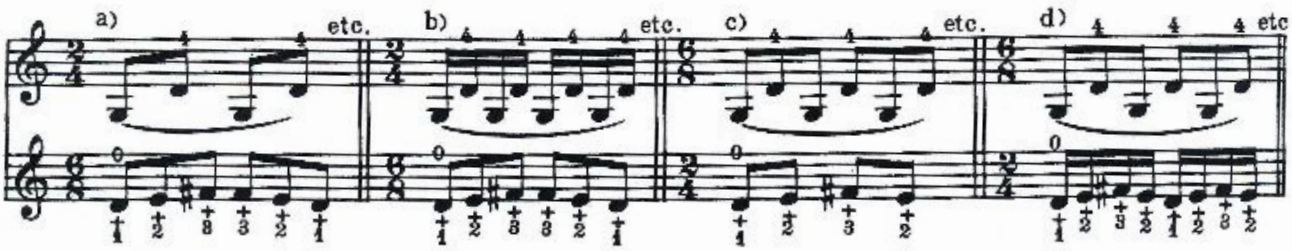






Variants

FOR EXERCISES ① to ④ of CHAPTER I. The first bar of exercise ① is used as an illustration. –



FOR EXERCISES ① to ④ of CHAPTER II. The first bar of exercise ① is used as an illustration.–